

STEVE A. MORA, M.D. INC

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www.MyOrthoDoc.com

Fellow, American Academy of
Orthopaedic Surgeons
Diplomate, American Board of
Orthopaedic Surgery
A Medical Corporation
Fellowship Training in Sports Medicine

La Veta Orthopaedic Associates
Christopher A. Wills, M.D.
Paul A. Beck, M.D.
Michael J. Gillman, M.D.

Practice Location

dba, La Veta Orthopaedic Associates
Steve A. Mora, MD, Inc: Incorporated Sept 26, 2006

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Practice Web Page: www.MyOrthoDoc.com

Education

Fellowship, Sports Medicine	Santa Monica Orthopaedic and Sports Medicine Group Santa Monica, CA Director: Bert Mandelbaum, MD	2001-2002
Orthopaedic Residency	LAC+USC Medical Center Los Angeles, CA Director: Michael Patzakis, MD	1997-2001
Internship	LAC+USC Medical Center Los Angeles, CA General Surgery/Orthopaedic Surgery Director: Michael Patzakis, MD	1996-1997
Medical School	University of California Irvine Irvine, CA Away Electives: Massachusetts General Hospital/Harvard University of California at Davis	1992-1996
University	Fullerton College, Fullerton, CA AA in Biology	1986-1989
	California State University, Fullerton Fullerton, CA BA in Biology & Biochemistry	1989-1992
High School	Anaheim High School Anaheim, CA	1982-1986

Honors and Awards

Private Practice

Peruvian American Political Organization Peruvian Heritage Award 2008
Physician of Excellence Award, Orange County Medical Association, 2007
Medical Staff Appreciation Award, Foothill High School 2003
C.A.R.E award St. Joseph Hospital Rehabilitation Department, 2004
Anaheim High School Hall of Fame Member 2005

Medical School

Alpha Omega Alpha Honor Society
Rotary Club Scholarship for academic achievement
MacKenzie Foundation Scholarship for academic achievement
Chicano/Hispanic American Medical Association Scholarship
Infertility Summer Research Fellowship Award
Grace Bell Biochemistry Award
Excellence in Basic Science and Histology Awards

LAC/USC Orthopaedic Surgery Residency Program

Selected as Chief Resident 2000-2001
Marshall J. Schiff Memorial Award
Kerlan-Jobe Award

Committees

Western Orthopaedic Association, Board Member 2005-2006

Athletic Affiliations

Foothill High School Team Physician
Ultimate Fighting Orthopaedic Consultant (UFC) Consultant

Hospital Affiliations

St. Joseph Hospital, Orange, CA
Main Street Surgery Center, Orange CA

Medical Associations

Western Orthopaedic Association
Orange County Medical Association
America Academy of Orthopaedic Surgeons, Fellow
Arthroscopy Association of North America

Publications

Book Chapters

Mora SA, Mandelbaum BR, Meyers WC. Abdomen and Pelvis Injuries in the Athlete, Textbook Chapter in: Clinical Sports Medicine. Editors: DL Johnson and SD Mair. Mosely/Elsevier, 2006

Mora SA, Mandelbaum BR, Szalai LJ, Potter ND, Naik A, Ryan J, Meyers WC. Extra-articular Sources for Hip Pain, Textbook Chapter in: Operative Hip Arthroscopy; Editor JW Thomas Byrd. 2nd Ed, Springer-Lange, 2005

Mandelbaum BR, Mora SA, Silvers H. Cartilage Injury-Chondropenia to Osteoarthritis, Textbook Chapter in: The Athlete's Knee: International Football and Sports Medicine: Caring for the Soccer Athlete Worldwide, Editor J Dvorak, 1st Ed. The American Orthopaedic Society of Sports Medicine/FIFA, 2005

Mora SA, Mandelbaum BR. Hip and Groin Injuries in the Athlete, Textbook Chapter in: Orthopaedic Knowledge Update, Sports Medicine 3. American Academy of Orthopaedic Surgeons, 2004

Mora SA, Mandelbaum BR. Cartilage Injury; An Overview and Treatment Algorithm Textbook Chapter in: Articular Cartilage Lesions,. Editors B. Cole and M. Malek, Springer Lange, 2004

Non Peer Review Journal Article

Mora SA, Mandelbaum BR. Osteitis Pubis Surgical Textbook Chapter in: Techniques in Sports Medicine, WB Saunders Company, December 2004

Peer Review Journal Article

Mora S, Zalavras CG, Wang L, Thordarson, DB. The Role of Intermittent Pulsating Cold Compression in Edema Resolution Following Trauma to the Foot and Ankle - A Prospective Study. Foot and Ankle International Vol 23 (11), Nov 2002

Mora S, Thordarson D, Zions L, Reynolds R. Pediatric Calcaneal Fractures- A Retrospective Review. Foot and Ankle International, Vol. 22, No.6, June 2001.

Saunders CS, Szabo R, Mora S. Chondrosarcoma of the Hand Arising in a Young Patient with Multiple Hereditary Exostosis – A Case Report. J Hand Surg 22B 2:237-242, 1997.

Local Presentations

Key Note Speaker: Connecting Our Dreams to Education, San Juan Capistrano Unified School District, May 25, 2007

Guest Speaker: Pomona Youth Soccer League, Injury Treatment and Prevention. Spanish Speaking presentation, Sponsored by the Amateur Athletic Foundation, July 2006

Guest Presenter: Connecting Our Dreams to Education: San Juan Capistrano School District, Career Day, San Juan Elementary School, May 19, 2006

ACL injuries in Female Athletes, Orange County Women's Medical Association Guest Speaker, Dec 18, 2002

Sports Injuries in Women, St. Joseph Hospital Symposium, Disney's Grand California Hotel, Anaheim, May 21, 2003

Treating Sports Injuries of the Knee, St. Joseph Hospital Workers Compensation Symposium, Westin South Coast Plaza Hotel, Costa Mesa, May 22, 2003

Treatment of Work Related Knee Injuries, Sponsored by the Center for Hand Therapy, Riverside Mission Hotel, Aug 26, 2003

Shoulder Injuries, St. Joseph Hospital Physical Therapy and Rehabilitation services, Nov 4, 2003

Academic Meetings Attended

American Academy of Orthopaedic Surgeons, San Diego 2007. Specialty Day Attended: Arthroscopy Association of North America

American Academy of Orthopaedic Worker's Compensation Conference San Diego, 2007

Articular Cartilage Course, University of Southern California, Las Vegas NV, 2005

Hip Arthroscopy Course, Nashville Sports Medicine Center, Director C. Thomas Byrd, 2005

Articular Cartilage Course for Fellows, Laboratory Instructor, Carlsbad CA Dec 10-12, 2004. Laboratory Staff Member

Arthroscopy Association of North America, 22st Fall Course, Palm Dessert CA, Dec 4-6 2004

American Academy of Orthopaedic Surgeons, San Francisco 2004. Specialty Day Attended: Arthroscopy Association of North America

Articular Cartilage Course for Fellows, Laboratory Instructor, Carlsbad CA Dec 5-8, 2003.

American Academy of Orthopaedic Surgeons 70th Annual, New Orleans, LA Feb 5-9, 2003. Specialty Day: American Orthopaedic Society for Sports Medicine

Arthroscopy Association of North America, 21st Fall Course, Palm Desert CA, Nov 17-20, 2002

The UCSD Articular Cartilage Symposium, Hilton La Jolla Torrey Pines, Oct 19, 2002

American Academy of Orthopaedic Surgeons 69th Annual, Dallas TX, Feb 13-17, 2002. Specialty Day: Arthroscopy Association of North America

Articular Cartilage Course for Fellows , Carlsbad, CA 2001

International Football & Sports Medicine Conference, March 22-24 Beverly Hills, CA 2002

Wes Nottage Shoulder Surgery Controversies and Cadaver Workshop, Laguna Hills, CA Oct 5-7, 2001

American Academy of Orthopaedic Surgeons 68th Annual, San Francisco, Feb, 2001. Specialty Day: Arthroscopy Association of North America

Techniques in Arthritis Surgery, 8th annual, The Master Series Course, April 26-28 Pasadena CA 2001

The American Orthopaedic Foot and Ankle Society, Review Course, Los Angeles, CA, Oct 14-15 2000

American Academy of Orthopaedic Surgeons 67th Annual, Anaheim CA, Feb 2000. Specialty Day: Arthroscopy Association of North America

AO Basic Trauma Fracture Course, Albany, NY 1999

Other Languages Spoken

Fluent in Spanish